

## ***IRRITABLE BOWEL SYNDROME MEDICAL SOURCE STATEMENT***

From: \_\_\_\_\_

Re: \_\_\_\_\_ (Name of Patient)

\_\_\_\_\_ (Social Security No.)

Please answer the following questions concerning your patient's impairments. *Attach relevant treatment notes, radiologist reports, laboratory and test results as appropriate.*

1. Frequency and length of contact: \_\_\_\_\_

2. Diagnoses: \_\_\_\_\_

3. Prognosis: \_\_\_\_\_

4. Identify your patient's symptoms:

- |  |   |
|--|---|
| <input type="checkbox"/> Chronic diarrhea            | <input type="checkbox"/> Anal fissures                  |
| <input type="checkbox"/> Bloody diarrhea             | <input type="checkbox"/> Nausea                         |
| <input type="checkbox"/> Abdominal pain and cramping | <input type="checkbox"/> Peripheral arthritis           |
| <input type="checkbox"/> Fever                       | <input type="checkbox"/> Kidney problems                |
| <input type="checkbox"/> Weight loss                 | <input type="checkbox"/> Malaise                        |
| <input type="checkbox"/> Loss of appetite            | <input type="checkbox"/> Fatigue                        |
| <input type="checkbox"/> Bowel obstruction           | <input type="checkbox"/> Mucus in stool                 |
| <input type="checkbox"/> Vomiting                    | <input type="checkbox"/> Ineffective straining at stool |
| <input type="checkbox"/> Abdominal distention        | (rectal tenesmus)                                       |
| <input type="checkbox"/> Fistulas                    | <input type="checkbox"/> Sweatiness                     |

Other: \_\_\_\_\_

5. If your patient has pain, characterize the nature, location, frequency, precipitating factors, and severity of your patient's pain:

\_\_\_\_\_  
\_\_\_\_\_

6. If aspects of your patient's impairment are episodic, describe the nature, precipitating factors, severity, frequency and duration of the episodic aspects:

\_\_\_\_\_  
\_\_\_\_\_

7. Identify the clinical findings and objective signs:

\_\_\_\_\_  
\_\_\_\_\_

8. Describe the treatment and response including any side effects of medication that may have implications for working, e.g., drowsiness, dizziness, nausea, etc.:

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9. Have your patient's impairments lasted or can they be expected to last at least twelve months? ☐ Yes ☐ No

10. Do emotional factors contribute to the severity of your patient's symptoms and functional limitations? ☐ Yes ☐ No

11. Identify any psychological conditions affecting your patient's physical condition:

- |   |   |
|---|---|
| <input type="checkbox"/> Depression   | <input type="checkbox"/> Anxiety              |
| <input type="checkbox"/> Somatoform disorder                                | <input type="checkbox"/> Personality disorder |
| <input type="checkbox"/> Psychological factors affecting physical condition | <input type="checkbox"/> Other _____          |

12. As a result of your patient's impairments, estimate your patient's functional limitations if your patient were placed in a **competitive work situation**:

a. How many city blocks can your patient walk? \_\_\_\_\_

b. Please circle the hours and/or minutes that your patient can sit **at one time**, e.g., before needing to get up, etc.

<b>Sit:</b>	<u>0</u> <u>5</u> <u>10</u> <u>15</u> <u>20</u> <u>30</u> <u>45</u>	<u>1</u> <u>2</u> <u>More than 2</u>
	Minutes	Hours

c. Please circle the hours and/or minutes that your patient can stand **at one time**, e.g., before needing to sit down, walk around, etc.

<b>Stand:</b>	<u>0</u> <u>5</u> <u>10</u> <u>15</u> <u>20</u> <u>30</u> <u>45</u>	<u>1</u> <u>2</u> <u>More than 2</u>
	Minutes	Hours

d. Please indicate how long your patient can sit and stand/walk **total in an 8-hour working day** (with normal breaks):

<b>Sit</b>	<b>Stand/walk</b>	
<input type="checkbox"/>	<input type="checkbox"/>	less than 2 hours
<input type="checkbox"/>	<input type="checkbox"/>	about 2 hours
<input type="checkbox"/>	<input type="checkbox"/>	about 4 hours
<input type="checkbox"/>	<input type="checkbox"/>	at least 6 hours

e. Does your patient need a job that permits shifting positions **at will** from sitting, standing or walking? ☐ Yes ☐ No

f. Does your patient need a job that permits ready access to a restroom? ☐ Yes ☐ No

- g. Will your patient sometimes need to take unscheduled restroom breaks during a working day? ☐ Yes ☐ No

If yes, 1) how **often** do you think this will happen? \_\_\_\_\_

2) how **long** will your patient be away from the work station for an average unscheduled restroom break? \_\_\_\_\_

3) how much advance notice does your patient have of the need for a restroom break? \_\_\_\_\_

- h. Will your patient also sometimes need to lie down or rest at unpredictable intervals during a working day? ☐ Yes ☐ No

If yes, 1) how **often** do you think this will happen? \_\_\_\_\_

2) how **long** (on average) will your patient have to rest before returning to work? \_\_\_\_\_

*For this and other questions on this form, "rarely" means 1% to 5% of an 8-hour working day; "occasionally" means 6% to 33% of an 8-hour working day; "frequently" means 34% to 66% of an 8-hour working day.*

- i. How many pounds can your patient lift and carry in a competitive work situation?

	Never	Rarely	Occasionally	Frequently
Less than 10 lbs.		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- j. How often can your patient perform the following activities?

	Never	Rarely	Occasionally	Frequently
Twist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stoop (bend)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crouch/ squat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climb ladders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climb stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

- k. How much is your patient likely to be "**off task**"? That is, what percentage of a typical workday would your patient's symptoms likely be severe enough to interfere with **attention and concentration** needed to perform even simple work tasks?

☐ 0% ☐ 5% ☐ 10% ☐ 15% ☐ 20% ☐ 25% or more

- l. To what degree can your patient tolerate work stress?

☐ Incapable of even "low stress" work ☐ Capable of low stress work  
☐ Capable of moderate stress - normal work ☐ Capable of high stress work

Please explain the reasons for your conclusion: \_\_\_\_\_

m. Are your patient's impairments likely to produce "good days" and "bad days"?

☐ Yes

☐ No

If yes, assuming your patient was trying to work full time, please estimate, on the average, how many days per month your patient is likely to be absent from work as a result of the impairments or treatment:

☐ Never

☐ About one day per month

☐ About two days per month

☐ About three days per month

☐ About four days per month

☐ More than four days per month

13. Are your patient's impairments (physical impairments plus any emotional impairments) as demonstrated by signs, clinical findings and laboratory or test results ***reasonably consistent*** with the symptoms and functional limitations described above in this evaluation?

☐ Yes

☐ No

If no, please explain: \_\_\_\_\_

14. Please describe any other limitations (such as limitations using hands, arms, fingers, psychological limitations, limited vision, difficulty hearing, need to avoid temperature extremes, wetness, humidity, noise, dust, fumes, gases or hazards, etc.) that would affect your patient's ability to work at a regular job on a sustained basis:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
*Date*

\_\_\_\_\_  
*Signature*

*Printed/Typed Name:* \_\_\_\_\_

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*Address:*

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